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The tub gets its own room

How I learned to like our bathroom

by Susan Barnett

We bought an old farmhouse in Delaware County three years ago, and there are a lot of things about it I love. It's one of the prettiest little farmhouses I've ever seen. There are roses everywhere. Three massive maples stand in front like friendly sentinels. The views are long, and pretty much exclude other houses.

But inside? Oy.

The whole house was "updated" in the Sixties, and that means dropped ceilings, paneling, wall-to-wall carpeting, and boxed-in fluorescent lights. But the biggest abomination, in my opinion, was the main bathroom.

Like most old houses, the bathroom was probably created out of what was a closet. A wall was moved to make it a little bigger, creating a weird jog in the upstairs hall to access the bathroom and the nearby bedroom.

And from there it just got worse. They removed the stairs to the attic, which went into that former closet. They installed pull-down steps over the main stairs, ensuring that the local paper will someday print "Local Woman Dies In Christmas-Decoration-Related Fall."

They put in one small window on the north side of the house. To call the light "anemic" is overstating the case.

They added a half-wall that split the newly created little bathroom in half, and put the tub on the dark side.

And then they put in the tub. The plastic, avocado-green tub.

I hated that bathroom. I hated the narrow closet they created on one side of the stupid tub. Its only function was to show you where the pipes had frozen on the coldest day. I hated the exposed



PHOTOS BY SUSAN BARNETT

The author's bathroom, mid-renovation.

insulation and mouse poop in there. I hated that stupid half-wall that made the tub side of the room as dark as a root cellar. I hated the cabinet they made where the stairs used to be. It had nothing but a big hamper in the bottom that we never, ever used.

But most of all, I hated that tub.

I'm not hard to please. Give me a light, airy room and an old clawfoot tub and I'm a happy camper.

So this year, as a gift to myself for surviving 2020, I tackled the bathroom.

Not surprisingly, it fought back.

I salvaged a pedestal sink from the side of the road. I found a small clawfoot tub for sale behind a house in the village. I found a stall shower that looked like an industrial phone booth. It looked like it belonged in Paris, somehow, and I wanted it desperately. But I didn't buy it, and it turns out that was a good thing.

My daughter-in-law is an interior designer. She gave me great ideas for how everything might fit. But the dimensions of the room are so weird, so off, that everything felt crowded no matter how



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The old bathroom, featuring avocado tub.

we rearranged things. And budgetary constraints meant the toilet had to stay where it was. The sink couldn't move far, either. Moving plumbing is expensive. Adding a window was out of the question. So was tile. This had to be fast to fit into the contractor's busy schedule. And it couldn't cost a fortune.

My dream bathroom simply wasn't going to happen in that space.

I spent hours online, talking it over with my partner, and we finally reached a less-than-satisfying decision. I ordered a shower kit that would fit the space occupied by the avocado tub, sadly gave up on my Parisian phone-booth shower, and regretfully told the clawfoot tub that it would be living in the garage for awhile longer.

Our local contractor finally showed up to start work three months later than expected. He's busy.

And then the real fun started.

He took out the half-wall and the tub. I clapped as they left.

He removed part of the wall shared with the adjoining bedroom and discovered that the wall created when the bathroom was expanded is held up not with wall joists but with chain. Lots of heavy chain. Some genius had decided that rather than build a proper supporting wall it would be a good idea to run six lengths of chain from the floor to the attic.

"I've never seen that before," he said. I've since been told by a licensed home inspector that that is a very bad idea, as it puts extra strain on the roof. But that's a project for another day.

Then he started putting everything back together. He sheetrocked the walls. It was a raw space, but it was easier to envision what was coming, and it was a definitely improvement. We were ready to preview the floor. He put down a piece of the waterproof "wood" floor I'd bought. He put the pedestal sink against the wall. We all stood back and looked.

"I hate it," I said, looking at the floor.
"Yeah, it looks cheap," my partner agreed.

So I hauled six boxes of flooring back to our big-box store and exchanged it for hardwood.

The wainscotting went up, and my plans to paint it suddenly seemed like a mistake. Once wood is painted, it's forever. So I got some stain and got to work. My job was to stain and paint over the weekend so the floor could go down Monday.

On Monday, we were ready. I'd chosen a dark stain, thinking it would be a great contrast with the light walls.

"It looks like a saloon," partner opined after considering for a few minutes.

"He's right," contractor agreed. Then he laughed.

I COULDN'T SHAKE THE SALOON PICture. The stain had to go. So after a long weekend of staining and poly, I got out a piece of sandpaper, roughed it all up, carefully covered the new floor, and primed, painted, and painted again.

I went with bread dough white on the wainscotting, and a pale gray that almost looked blue on the walls. It tied in to the light gray shower surround. It looked good with the white sink. It was bright. It was clean. I liked it! Hallelujah.

Meanwhile, our contractor's usual partner wasn't available to provide an extra pair of hands, so his wife stepped in to help him. She climbed up and down the stairs as her husband barked instructions, and her usual sunny smile

Hudson Valley Living

Fall Home Improvement

EDITOR & PUBLISHER: Geddy Sveikauskas
ADVERTISING DIRECTOR: Genia Wickwire
ADVERTISING: Lynn Coraza, Pam Courselle,
Elizabeth Jackson, Angela Lattrell,
Tobi Watson, Jenny Bella
PRODUCTION MANAGER: Joe Morgan
PRODUCTION: Diane Congello-Brandes,
Josh Gilligan
CIRCULATION: Dominic Labate

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The finished product.

soon faded.

"I may kill him," she panted.

The work continued, and so many things turned out to be, um, not as expected.

The shower floor isn't supported thoroughly, so it wobbles a bit. The house is so crooked that the floor by the bathroom door is a full two inches higher than the far corner of the room. Despite leaving insulation in plain sight, we're pretty sure there's no insulation behind the shower wall, meaning that we're going to be cold this winter.

The plumbing for the sink was so odd-

looking that I sent a picture to our friend, our favorite Kingston plumber, just to ask for advice. It offended his sensibilities. He drove two hours to get here, and he redid it.

It's done. The mirrors are up, lots of them, which makes the most of that one, sad window. The towel hooks are in place, and except for some lingering complaints about our water pressure and two different shower heads we have an updated bathroom. I like it. Mostly.

The tub is still in the garage, and we're

making plans to create a spot for it in a window in the adjoining room. It means taking down a wall between bedrooms, creating a dressing room. There's just no way to expand the bathroom without creating something even weirder than what's already there, so the bathroom is what it is. The tub gets its own room.

The house wins. We are learning to work within its limitations.

Ever since that tub showed up, all we want is a bath. I've never wanted a bath so badly in my life.

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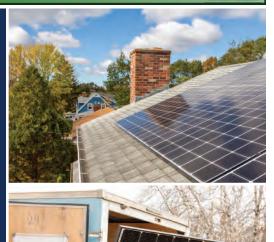
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A doorway to feelings

There's a psychology to color, the experts say

by Genia Wickwire

Y FIRST APARTMENT in the Rondout neighborhood in Kingston was in one of those great old historic buildings with a lot of character and a lot of quirks. If I stood in the highest corner of our apartment and my boyfriend stood in the lowest, we'd both seem the same height. I'm 5'2" and he is 5'9". Beautiful old windows overlooked the water and let in lots of light. It was bright and sunny with white walls and a tan carpet. For us, it seemed a giant blank canvas. We decided it needed to be painted.

We picked bright colors and dabbled with different designs. In the end, we thought it looked quite bohemian.

During our first venture into the world of paints we took missteps and changed our minds quite a few times. For example, we painted our bedroom red. Ilove red. To this day if I wear a color other than black, it is most likely red. I own a bright red Volvo. If I wear lipstick I always choose red. It feels so vibrant and warm.

We discovered, however, that red in a bedroom was not restful. We thought it made us feel tense and a bit angry. So we repainted the room a light green. We felt that we slept much better.

Painting was fun and affordable. We were game for experimentation. We learned a lot in that first apartment, and we continue to love bright colorful homes. We drive admiringly through Tannersville's multi-colored Main Street. On back roads we are drawn to the houses that chose purple for their exterior. In a world of color, why are there so many white houses?

So many colors, so many combinations. The hardest part is deciding which ones to use.

Not everyone finds the process enjoyable. Instead of finding color fun and adventurous, they find it stressful and tedious. I know people who have hemmed



and hawed, debated and struggled over which color to paint their homes. More often than not, in the end they have painted their homes white. Again. It wasn't that they wanted white. It was just where they landed when they couldn't decide on anything else.

SANGI VAN DE NOUWELAND SAID that "color is a language some do not speak." A broker at Coldwell Banker Village Green, Sangi was a professional painter and color consultant for 35 years. Color speaks to her. She speaks its language fluently. For her, color is something that "can make a home sing."

She spoke of using colors that work with the home.

"Contemporary houses might suggest the use of bright colors, whereas a traditional home might need something more subdued, with bright accent pieces," she said. "Low ceilings might need a color that lifts the space. If a home has decorative trim, you need a color that em-



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Left to Right: Joseph Belluck, Jordan

, Kristina Georgiou

phasizes that. Each space will have certain things to emphasize and certain things you might want to hide. A house asks for certain things. The right color can elevate a home to another level."

What if you don't speak the lingo? What if you can't look at a room and see what it is asking for?

"Some people know they are not a blue or not a green person," Sangi said, "so right from the start you learn not to look at those colors."

She suggested putting swatches on the wall. If those colors work with the light and with the shape of the home, she suggested moving on to getting samples to paint small parts of the wall before committing to painting the entire room.

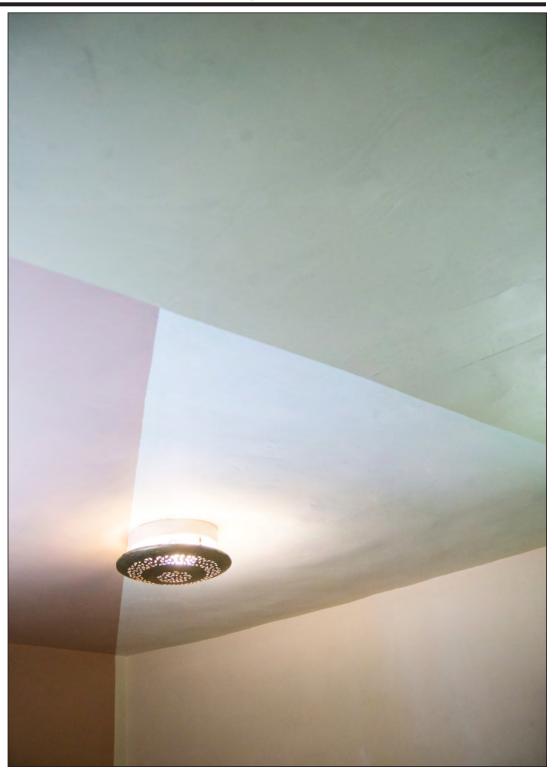
Joan Ffolliott agrees. The process begins with figuring out what colors don't work and taking them out of the equation. Joan is an interior designer and color specialist with a graduate degree and interior design certification from the Rhode Island School of Design. A friend was in need of a color expert. It became her area of competence. She has been working as a color specialist in one way or another ever since.

When talking to clients, Joan asks them what they want to achieve in the

space. What kind of feeling do they hope to promote? Do they want a place with lots of energy or a place that is calm?

"There is a psychology to color," she said.
"Colors elicit feelings. It is often common sense as to which colors are attached to which emotions."

People don't often step back and think about what feelings they are trying to achieve within a space. "It is a bit like therapy," Joan explained. "Talking to people about how things make you feel



and trying to figure out where they want to be at the end. Interiors say something about us. and it is my job to help my clients express themselves within that space."

I REMEMBER MOVING OUT OF THAT apartment in the Rondout as much as I remember moving in. In order to get our security deposit back, we had to repaint everything white again. I remember the feeling of deleting eve-

rything we had created in that space. It was maybe in that moment of removing my colors and my decoration from the apartment that I really felt how much paint and color add to a place.

All of the emotion and feeling and love was moving out with us. We were leaving a blank canvas for the next residents.

If I know anything, it's that I'll never want to repaint my bright red Volvo a light green.

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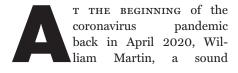




Wood stock is returning to Woodstock

What's this got to do with the price of wood in China?

By Rokosz Most



technician in Newburgh, found himself with a lot of time on his hands.

"Like many others, I guess, I was shut out of the workplace," he said. "I didn't know what was happening. So I stocked up on groceries, hunkered down on my property, and kept busy."

He wasn't alone. Numbers released by the Congressional Research Service for April 2020 showed the unemployment rate in America had soared to the highest number ever recorded since data collection began, 49 million unemployed Americans.

There were many William Martins.

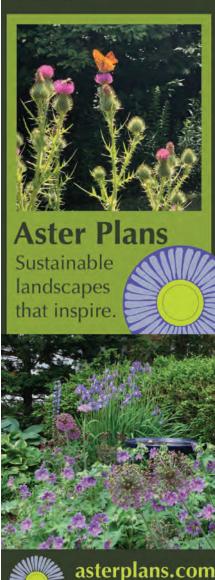
The story of lumber's startling rise to a blazing-hot commodity begins just a month before. In March 2020 the price of lumber sank to a dismal \$231 per 1000 board feet while the pandemic captured national headlines. New-home construction abruptly fell off. Supply

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chains behaved uncertainly, as industry attempted and failed to forecast future demand.

For fear of contagion, sawmills were left idle. and the workers sent home. A surplus of lumber haunted the shelves of big=box construction supply stores across America, dragging the value of lumber underwater.

But then the price of lumber began its inexorable rise. By September 13 it had more than quadrupled, up to \$971 per 1000 board feet. By May of this year it was at an unimaginable high of near \$1700 per 1000 board foot.

And so it was that many of those William Martins had started building.

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The neglected lumber flew off the shelves.

Eastern White Pine. Loblolly, Longleaf,

Shortleaf and Slash. Douglas fir.

These are the primary woods used in stick framing, a wood framing system that consists largely of two-by-fours, two-by-sixes, and two-by-eights. Walls, a ceiling, a floor and roof rafters can be framed out of a pile of such sticks.

The economics of lumber

For more than 30 years Chris Neher has been the buyer for the Woodstock Building Supply Company, a family-operated lumberyard that has done business in Woodstock since 1925. He described that heady June of a year ago.

"I had never seen anything like it," he said. "We had people lined up outside the gate. Socially distanced and all. And I didn't even know most of them. And we don't advertise."

The supply chain for lumber works like this. Lumberyards purchase their product through distributors who are in turn supplied by sawmills. The sawmills do their business buying the felled trees themselves and converting them into various grades of lumber. (A more romantic explanation can be demonstrated by watching the opening credits of any Twin Peaks episode.)

The abrupt turnaround in demand caught the supply chain flatfooted. The massive circular saws of the sawmills would have to be set spinning again, and for that they were sorely understaffed. The pandemic, then like now, had not gone away, and even if the workers could be recalled in numbers approaching pre-pandemic levels, how the business of manufacturing boards could be operated safely to avoid liability should the

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virus spread among its workers posed a conundrum.

Beyond the basic economics of liability there still remained the science of producing lumber for construction purposes. The felled logs are first brought to the mill. Workers edge the wood to remove defects, trim the ends to square, and cut them to uniform lengths. Those are the standard cuts of lumber with which most of us are familiar.

After all that, there still remains a period of drying. Green wood is full of water. It takes 45 to 60 days to air-dry wood for use in building applications. Some forward-thinking operations dry the wood in a kiln, and the wood is stamped in ink accordingly.

There's still the shipping. Trains. Boats. Big rigs. Competition for available shipping containers becomes an issue.

At each point along this supply chain, bottlenecks start to crop up. And prices rise accordingly.

By August 2020 demand outpaced supply.

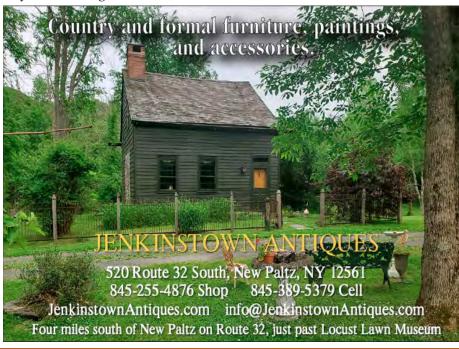
A whipsaw year

"I had injured my back and went in for

surgery in May," Scott Wannamaker, who works at the order counter of the Woodstock Lumberyard told me. "I was out recuperating for three months. I came back in August. And the entire parking lot was empty! No people. No wood. I was like, Do I still have a job? I thought they were shutting down!"

They weren't.

"The pipeline was cleaned out pretty quickly," Neher explained. "The first bell-wether, of where we were going, was that the price of pressure treated wood had spiked. Then it evolved to other products like plywood. Subflooring rose to over a hundred dollars a sheet!"



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A bellwether, by the way, is a castrated sheep around whose neck a bell is hung. That sheep leads all the other sheep in the flock.

"The trajectory was up for a year," Neher continued, "with no corrections. Then a hard fall. First, framing lumber came down. Then, plywood. But it's hard. Even the suppliers can't see the big picture."

Those astronomical prices had caused demand to crater, at least among the amateurs. Inventory was once again piling up as people put aside projects in order to wait until prices were more came downc.

After a whipsaw year spent chasing inventory, the market had cooled.

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Our plans for more change continues to evolve... everyday, all the time. We are happy and delighted to say we are going to increase our coverage over the next couple of months. We will bring you even more local news and events happening in the Hudson Valley for 2021.

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ROKOSZ MOST

Scott Wannamaker and friend. The price of wood is deer.

In June of 2021, Federal Reserve chairman Jerome Powell chimed in. "The thought is that prices like that, that have moved up really quickly because of shortages and bottlenecks and the like, they should stop going up," said Powell. "And at some point, they, in some cases, should actually go down. And we did see that in the case of lumber."

But what does this have to do with the price of wood in China?

The U.S. sells and ships timber to China because the cost of labor is so much cheaper there. China then exports finished wood products right back. A neat workaround for avoiding paying American workers a living wage.

Furniture made cheaper. A desk is still

a desk, after all.

The United States is the largest wood harvester of them all, followed by Russia. As prices begin to stabilize, the professional carpenters are breathing more easily. They're telling jokes.

Big-box banter

Just below the stairs, outside the Woodstock Lumberyard order office, they rag on the big-box stores. Stephen Johnson, owner of Northern Light Sauna, comments upon the big-box wood business:

"Sure. If you want to build a crooked house!"

No malice is intended. It's just relaxed bantering.

When the rush of contractors subsides. Scott Wannamaker walks across the gravel pathway. A doe with large black eyes and vigilant ears waits for him. They know each other.

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"There's another one now." Wannamaker says. "She'll come right into the shop looking for treats. She walks right in like she owns the place when she hears me shaking the treats."

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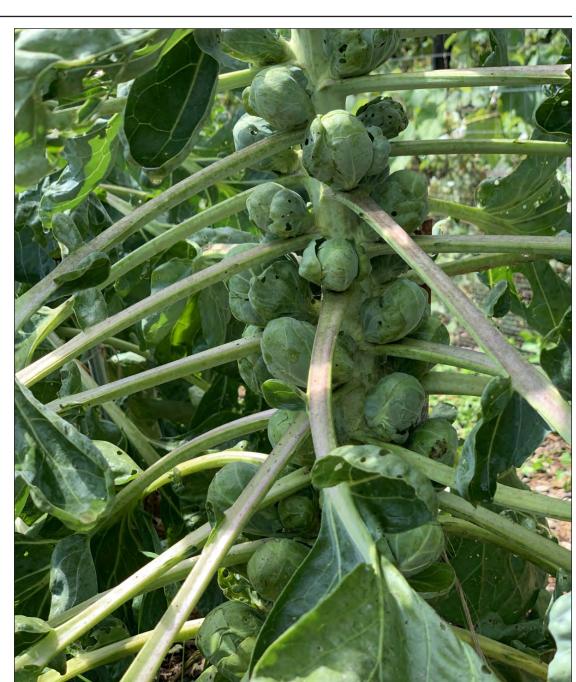
Brussels sprouts should not be spurned

by Lee Reich

UST AS PEAS are the vegetable spring and tomatoes are the vegetable of summer, so Brussels sprouts are the vegetable of fall. They need a long season to grow, starting life in early spring, growing through the summer, and then flourishing in cool weather, ideally with a few frosts. This seasonality brings out the best in them, flavor-wise. I only recently began growing Brussels sprouts again, just

gan growing Brussels sprouts again, just for the challenge. I now allocate a lot of space and time in my garden for a vegetable I once spurned.

My previous efforts always resulted in marble-sized sprouts on four-foot-high plants that, in their youth, flopped to the ground. Only after the plants' supine stems have created a firm base do the rising stems curve more or less upward



PHOTOS BY LEE REICH

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according to original plan. Its youthful extravagance wastes and muddies the lower most sprouts, with the sprawling plants demanding even more space -- a problem in my intensively planted garden.

Gardening books, even by gardeners in Britain, where Brussels sprouts are held in high esteem, were no help. I gleaned the directives from these books into what I call "The Four Myths of Growing Brussels Sprouts." I list them below to help you avoid them, followed in my discourse on "The True Method of Growing Brussels Sprouts" and, as a bonus, a short autobiographical account in "Why I Once Spurned Them").

MYTH NUMBER ONE OF GROWING Brussels sprouts posits that piling dirt up around the bases of the plants keeps them upright. If only this were true! Over a hundred years ago, the





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1606 Ulster Ave. Lake Katrine, NY 845-336-8080 OPEN DAILY great French gardener Vilmorin-Andrieux wrote that there was no benefit in earthing up, so I have never tried it.

Myths Number Two and Three both force development of the sprouts, and are better grounded in plant physiology than are the other myths. Number Two advocates pinching out the tip of the stalk toward the end of the growing season. Myth Number Three suggests removing lower leaves as the sprouts begin to form.

These two directive stops flow of hormones that suppress bud development. On my plants at least, the sprouts, which

......

Large, fat sprouts already dress the stalks from head to toe. The plants stand upright like assembled soldiers in their bed.

are nothing more than compressed stems and leaves, take that freedom to heart and begin lengthen into shoots rather than fattening up.

The final myth, Myth Number Four, alleges that firming the soil when planting Brussels sprouts results in firmer sprouts. Here we have a case of misplaced cause and effect. I may as well (but do not) loosen the soil for loose-leaf lettuces.

This year my Brussels sprouts look the best ever. Without any pinching, large, fat sprouts already dress the stalks from head to toe. The plants stand upright like assembled soldiers in their bed. Here's a non-myth, Number One of the True Method of Growing Brussels Sprouts: Stake Brussels sprouts in their youth and they will start and stay skyward. A three-foot-high metal stake next to each plant, with one loop of string to keep the stalk and the stake intimate, is all it takes.

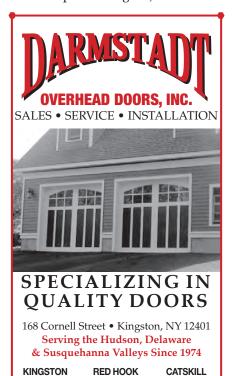
Brussels sprouts are heavy feeder, particularly hungry for nitrogen. All my garden's fertility comes from plenty of homemade compost. Each year I blanket all the beds in my vegetable garden with at least a one-inch-deep blanket of the stuff, which by my calculations should be enough to nourish intensively planted vegetables for a whole season.

Except, perhaps, Brussels sprouts.

Making sure the plants are well-fed is Number Two of the True Method of Growing Brussels Sprouts. Just for insurance, I sprinkle soybean meal, an organic, high-nitrogen fertilizer, in the Brussels-sprout bed. Sovbean meal's usual role in agriculture is an animal feed. I buy it at a feed store.

As an organic fertilizer, the nitrogen in soybean meal is slowly released via microbial action all season long into the soil in a form the plants can use. Warmth and moisture increase microbial activity, which works out well because it also increases plant growth. About two pounds of soybean meal per hundred square feet of area does the trick. Over the years I've received recommendations for a number of varieties to grow. Gustus, Hestia, and Prince Marvel are some that come to mind. They've all been duds for me.

This year I planted the almost hundredyear-old variety Catskill, which seems appropriate in name at least for growing here in the Hudson Valley. So Number Three of the True Method of Growing Brussels Sprouts is to grow, not necessar-



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ily Catskill, but a variety that after some trial and error does well in your garden.

Brussels sprouts, like cabbage, kale, cauliflower, and other kin, are attacked by various species of "cabbageworms" (as they're called, but they really are caterpillars). The caterpillars, hatched from eggs of those cheery white moths that flutter among the plants on sunny days, riddle the leaves with holes and leave behind their dark green frass. Number Four of the True Method of Growing Brussels Sprouts consists of controlling the cabbage caterpillars.

Search-and-destroy is one method. Crush any cabbage caterpillar you find *in situ*, or flick it into a jar of soapy water to drown.

An organic spray is easier. Very effective yet nontoxic to most creatures (including you and me) is a spray of Bacillus thuringienses, a natually-occurring bacterium extracted from the soil. This material is more easily remembered under the name B.t., packaged up under such commercial names as Thuricide, Dipel, and Monterey B.t.



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The dreaded cabbage worm.

AND NOW TO DISCUSS BRIEFLY MY past aversion to Brussels sprouts. Here is a vegetable that, in my opin-

ion, can be quite delicious if properly prepared, and quite repulsive if not. In our household, when I was growing up, Brussels sprouts were just boiled, the more the better. This method really came to the fore when I was at an agricultural conference in Scotland. Meals were served in a university cafeteria, and the cooks there really knew how to boil and boil again Brussels sprouts. Yuk!

A friend with a wry sense of humor called Brussels sprouts "little green balls of death." Maybe I misheard her, and she was just pointing out this vegetable tends to be cooked "boiled to death."

My sprout-growing and cooking has since improved. Soon I'll be enjoying this season's

first sprouts. Fresh Brussels sprouts last long into autumn, They'll be around for many weeks of fresh eating.

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making the structure extremely durable and efficient. Radiant heat throughout the cement and wood floors, high quality argon gas filled double glazed windows, stone chimney, and wood stove. Several separate wood framed tool or storage sheds skillfully placed across small bridge against an expansive parcel of wilderness.

Two Lakes, Small Pond. A Fisherman's Dream! 264 Cypert Rd, Woodbourne, NY \$799,999 me and Equine Estate on 17

Luxurious Home and Equine Estate on 17 bucolic acres with a lovely small lake. The house is an exquisite blend of old and new. It was built in1940 but the den, with hand hewn beams dates to 1872. Construction in 1980 added many modern amenities. The current owner in 1994renovated to add all new floors, windows, doors and ceramic tile. In 2012 every bathroom was renovated as well as the gourmet kitchen with granite counters, center island/ breakfast bar, radiant heat and ceramic



tile floors. Good size bedrooms with plenty of closet space and a laundry chute, provide a very comfortable feel to this sophisticated home. Hardwood floors, crown moldings, stylish open stairway and extensive oak trim dress out this cozy home.

Historical Farmhouse in the Hamlet of Barrytown! 1077 River Road, Red Hook, NY \$769,000

Find a slice of history in an 1860's era farmhouse with two original barns. Sporting authentic detailing throughout, part of this property was once used as a blacksmith's shop and local general store. All year views of the foothills of the Catskill Mountains can be enjoyed from the expansive front veranda which provides the perfect place to relax, entertain, read or to have morning coffee and enjoy nature at its best. Surrounded by rolling farmland and winding country roads, this



home features a large open-plan kitchen with built-in pantry and plenty of windows that let the outside in. The spacious upstairs bedrooms filter natural light through picture-frame windows. The organic beauty of real hardwood floors flows throughout. On the grounds one of the barns is currently used as roomy two-story artist's studio while the other conveniently and easily serves as a two-car garage.



DIY extermination

Worth a try, sometimes

by Violet Snow

'M NOT SAYING it's for everyone, and I can't guarantee it'll work for you. I can just tell you what's worked for me. I have a horror of what toxic chemicals do to groundwater, bees, birds, and planetary health. That said, I won't get judgey if you decide to go that route. You do what you gotta do. But if you want to try less toxic methods, here is my experience, which is limited to wasps, yellow jackets, ordinary ants, and carpenter ants.

In general, I'm pretty tolerant of insects. A paper wasp nest over my deck was cause for low-level anxiety but not alarm, and it hung there all last summer, wasps shuttling overhead, without a single sting. Wasps are pollinators, and some species prey on other insects.

When wasps were nesting behind the shutters a few years earlier, a handyman friend agreed to fix my sagging gutters --

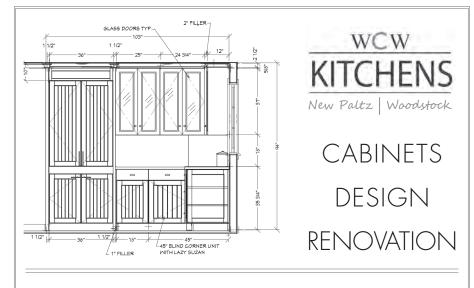


but only if I got rid of the wasps. I found a recipe online for a natural insecticide

consisting of white vinegar, vodka, liquid soap, and tea tree oil, which I combined in a spray bottle. When the wasps were bedded down for the night, I went out and (after apologizing profusely to them) sprayed the concoction across and behind the shutters. I also poured the liquid down behind the shutters from the top.

The next day, a few individuals, presumably having spent the night out in the field, returned to the deck, crawled behind the shutters, amf then emerged, looking confused. (I'm not sure what confusion looks like in a wasp, but the aimlessness of their bobbing flight might have represented disorientation.) They flew away, and the wasp situation was resolved. The gutters were fixed without incident.

The recipe came in handy again when I sawyellow jackets (the pretty black-and-yellow striped hornets that are said to be more aggressive than wasps) going in and out of a hole in my front lawn. They weren't disturbing us, but at the time we were renting our house out on weekends, and I felt we owed our guests a hornet-



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free lawn, since they might walk across it and blunder over the nest.

I poured the solution down the hole one night. The next day, seeing no activity, I dug up the nest, and an overnight returner stung me. I repeated the treatment that evening, and the creatures were gone.

"Even pros make two or three visits, spaced several weeks apart, to complete an ant job."

Three weeks ago, I was just finishing mowing the lawn when I ran the mower over a new yellow-jacket nest. Though I received four stings, they hadn't bothered me until I was physically threatening the nest. We no longer rent out our house, so I just put a circle of wire fencing around the hole to mark it. There have been no

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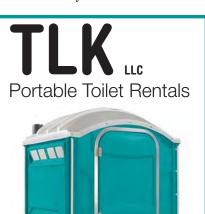
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Spring often brings a trail of small ants into the kitchen. They are easily dealt. I place sprigs of fresh mint or tansy leaves from the garden, placed at strategic points along the anrs' path. (Note: Tansy is not good for cats or small children.) Apparently, the strong odor of these plants confuses the ants' sense of smell, which pilots their peregrinations. The ants may crawl over the leaves at first, but by the end of the day they are always gone.

Carpenter ants are more alarming, as they chew tunnels in wood for nesting and

can ultimately undermine the structure of a home. They are also more difficult







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to get rid of. Their presence was made known by a plume of sawdust on the living-room windowsill each morning. I'd occasionally see a stray ant on the floor, but never a column of foraging ants, which sometimes tips homeowners off to an infestation.

Aneighbor helped metrace the sawdust to a long, narrow crack in the woodwork over the picture window. I removed the molding from the top of the window and found the ants had also chewed a space along the edge of the plaster wallboard. When I sprayed my homemade insecticide through the cracks, ants emerged and ran in agitated circles.

I never did figure out what happened

to these ants. They didn't die on the floor or on the windowsill. I tried watching them to see where they went, but they just kept careening in circles. I went away for a couple of minutes, and when I returned, they were gone.

I also couldn't figure out how the ants were getting out of their nest to find food. Despite scanning the outer wall of the house, I never found a line of ants venturing out to forage.

The morning after spraying, more sawdust had settled in the living room. In the garage, I found a not-so-toxic commercial product, Maggie's Farm Home Bug Spray, containing oils of thyme, rosemary, and wintergreen. It

provoked the emergence of more ants, this time barreling even faster across the window and floor, so I assume it is more powerful than my homemade solution. It also smells more pungent and not wholly unpleasant.

A bottle of diatomaceous earth (DE) showed up in the garage as well, and an old mustard dispenser, one of those squeeze bottles you used to find in diners. I filled it with DE, a powdery substance that kills insects by slicing and drying. I know, it sounds painful, and I don't like to use it, but I was getting nervous about my house falling down. When professional exterminators are addressing carpenter ants, I learned, they drill holes and inject insecticide. So I drilled a series of holes in the wallboard and squeezed the DE through the holes.



After a few daily treatments of DE and

spray, the sawdust no longer appeared. However, three or four weeks later, a few particles of sawdust drifted down. Spraying the cracks elicited a small number of ants, and I repeated the treatment over three

days. Even pros make two or three visits,

spaced several weeks apart, to complete an ant iob.

"In general, I'm pretty tolerant of insects"

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born. DIY rules!

Had I completely gotten rid of the ants? Or have they retreated to some other part of the house where they will drill in secret? Maybe I should call a pro, but I'm too stub-



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A guide to home acceptance

Learning to live with imperfection

by Sparrow

OME IMPROVEMENT ENTAILS physically fixing up one's house. But what about the emotional work of homeownership?

One way to improve your home is through gratitude and acceptance. Does everything constantly need to be "fixed?"

Suppose you have a leaky faucet. Buy a cello, and use the drip as a metronome while you play. As the leak worsens, you'll learn to play faster and faster. Thanks to your broken faucet, you'll become a virtuoso.

What if you have a big gray dirt mark on your wall? Buy some paint, and paint a lilac bush over it, tracing the marks as part of the mural. Don't fight your house's defects. Collaborate with them.

I have rewritten the famous Serenity Prayer: "God, grant me the serenity to accept the problems in my house I can't change, the courage to go into the crawlspace, and the wisdom to know the difference."

Yes, I recognize that one can carry this philosophy to an extreme and allow one's home to degenerate into ruin. But what about the opposite extreme, constant anxiety over pointless imperfections? "The universe is perfect," we used to say in 1974, before we all bought houses and taught ourselves to worry constantly about dandelions in the lawn.

The front door to my doublewide trailer doesn't latch very well. It has, I must admit, swung open on a winter night, forcing the furnace to attempt to heat all Phoenicia. A couple of handymen have looked at it, without success. So I just remember to latch it every night.

I myself open my mouth when I shouldn't, and all sorts of stupid things come out. Once, my mother-in-law and I were discussing a relative who couldn't find a partner, and I said: "It's easy to get married, just lower your standards." So why shouldn't the mouth of my house also fly open erratically?

Yesterday I came upon a garter snake on my lawn, the longest one I've ever seen – about 20 inches. Noticing me, the snake became immobile. Then I became immobile. But the immobility of a snake is far superior to that of a human. You can't even see them breathe. Though I meditate twice a day, when it comes to stillness I am no match for a legless reptile. Nonetheless, I tried.

The snake became myguide. How much better to study immobility with a serpent than to seek out a snake exterminator! (I looked online, and it turns out such businesses actually exists, with the more euphemistic name "snake removal services.")

Envy is one of the Seven Deadly Sins, and expressly forbidden by the Tenth Commandment. Learn to appreciate the beauty of other people's houses without coveting them.

Try this exercise: Buy a copy of *Better Homes & Gardens* and practice compassion for the people inside posing next to massive fireplaces. Tell yourself: "I'm so happy they have so much space! And such rare Asiatic carpets!"

Then look at your house, and feel grateful that you don't live in a hole in the ground covered with a sheet of aluminum, like the Unabomber's brother. (I once saw a photo in *The New York*



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Times of David Kaczynski's West Texas underground shelter, where he lived in the 1980s.) In fact, I suggest that you cross out the word "Better" in the magazine's title, and write in "Other." Who's to say that one house is superior to another? Each person is unique, each house has its own identity. Comparing them is fatuous.

I keep a pen and paper under my pillow, to write down palindromes I think of before I go to sleep. (A palindrome is a word, phrase or constitutional amendment that reads the same backwards and forwards. Here are some of my recent palindromes:

Do owe rife firewood.

"Namaste" gets a man.

Seer Gal agrees.

Arise! Yet Nad, nude, redundant, eyes Ira.

Sue H., propose Aesop, Orpheus. Gnus erase sorrow, or roses are sung. Morph, oh prom!

Ha! Tub Mobility – til' I bomb Utah! Cite "mimetic."

Cite mimetic.

Slam mammals! Slam mammals! O SOB military rat – I limbo. So?)

Once In a while My Pen Rolls Under the bed, and I have to fish it out with the broom. As I do so, I sweep out clods of dust, which I throw away. I'm cleaning under my bed without even trying!

Here's another helpful hint, which I've employed for the last eight months: Pick up tiny stray items from your floor and transform them into collages. Actually, each of my artworks consists only of one treasure, underneath which I laboriously sign my name. My most recent piece involves a fragment of red thread, which



I taped to a section of manila envelope, for maximum color contrast. (If you'd like one of these minimalist collages, send a self-addressed stamped envelope to: Sparrow, PO Box 63, Phoenicia, NY 12464.) Here's a painless way to (slightly) clean your house while improving your skills as a postmodern artist!





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